SUGAR HEAL GANG

TRAUMA FREE BIRTH TECHNOLOGIES

Los Angeles

SUGARHEAL.COM

BIRTHING A NEW REALITY

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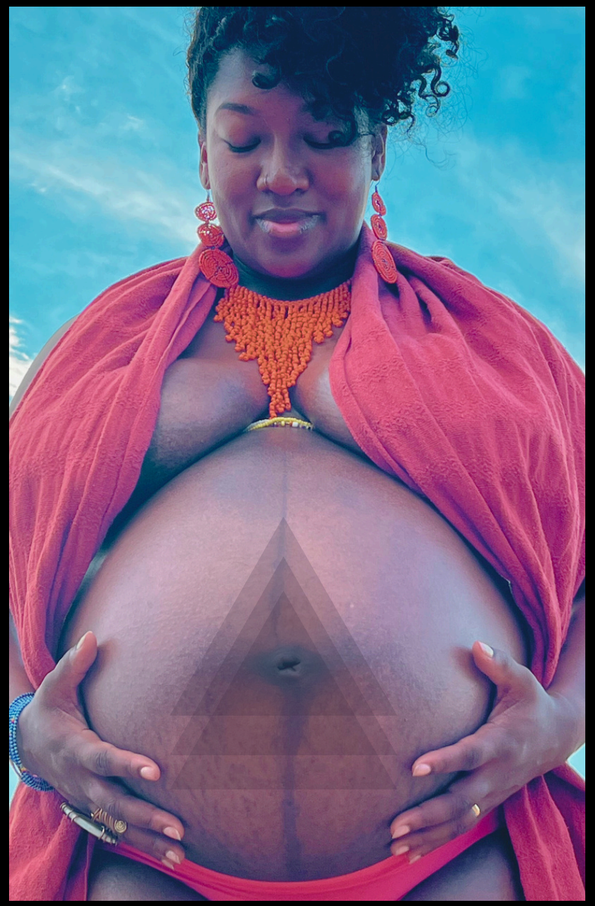

THE CRISIS

Why is it so widely accepted that human life must begin in trauma? The US pushes this belief to the extreme, notorious for its bloated infant + maternal mortality rates and its absence of parental leave policies. The problem is systemic; from medical school curriculum to insurance policies to labor laws, American birth culture disrupts family bonds, accustoming so many to disempowerment.

THE CREATION

Our approach is to holistically assess and support the entire family from preconception through postpartum using culturally resonant ancient and future health technologies. After 5 years of testing our care model, our clients' birth outcomes are light-years ahead of state and national rates.

THE CALL TO ACTION

To scale up our impact, we are launching online courses to train other birth workers in our care model and healing modalities. We are also developing a mobile app that re-educates the public on reproductive health, organizes support around postpartum families, and provides client management tools for birth workers.

The reason we come to the physical realm is to understand the beauty and joy of the five of senses as well as building, creating and experiencing everything that can be done with time and space.

Dr. Zhaleh Phillips

REGENERATION WITH IMAGINATION

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COMMUNITY IMPACT

Black women in our home birth program achieved:
100% Breastfeeding at initiation. **100%** at 3 months.
12% C-section rate (1/3 of the national average for Black women).
ZERO preterm births. **ZERO** pregnancy loss.
ZERO maternal/neonatal mortality. **ZERO** low birth weight.

Since organizing in 2020 Sugar Heal has:
Supported over **100** BIPOC birthing families & funneled over **$1.5M** into our **network** of **30+** birth workers.

CLINIC

Each family's care is led by midwives and supported with non-invasive technologies such as acupuncture, herbalism, sound therapy, perinatal yoga, peristeam hydrotherapy, birth education, intuitive readings, family counseling and cultural ceremonies.

CULTURE

We provide our birth workers with mentorship and professional development resources for sharing best practices, shifting perspective and planting seeds for a widespread revolution in birth care.

FUNDING

Sugar Heal is seeking multi-year funding for 2025-2028.
Annual Operations :: **$921K**
Immediate Need :: **$235K**

ITEMIZED BUDGET

LEADERSHIP
$180,000 Salary for Exec Director
$120,000 Salary for Chief Strategist
$26,980 Admin + Fees
$326,980 = LEADERSHIP SUBTOTAL

PROGRAMS
$249,000 Reproductive Health Clinic
$24,150 Professional Development
$56,400 Community Garden
$329,550 = PROGRAMS SUBTOTAL

TRAINING
$180,000 Tech & Curriculum Development
$85,000 Birth Worker Training
$265,000 = TRAINING SUBTOTAL

$921,530 = YEARLY TOTAL
$230,383 = QUARTERLY BREAKDOWN
$76,795 = MONTHLY BREAKDOWN

THANK YOU

For Considering Our Request. We Welcome Your Questions.

xX Sugar Heal

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