



# SUGAR HEAL GANG

HIGH QUALITY, CULTURALLY COMPETENT, HOLISTIC MATERNITY SERVICES  
FREE TO BLACK AND INDIGENOUS FAMILIES

*Los Angeles, CA*

*Midwifery, Doula Services, Childbirth Education, Acupuncture & Acuvibration,  
Ancestral Readings, V-Steam, Perinatal Yoga, Chiropractic Care, Postpartum Meal Delivery,  
Breastfeeding Support, Birth Empowerment for Fathers & more.*



## CARE

Sugar Heal Home Birth Program includes comprehensive prenatal, birth and postpartum care led by our midwives and supported by the rest of the birth team. We also supplement hospital birth via our Hybrid Care Program and provide support services for pregnancy loss. All care plans include treatments and services for dads/partners.



## CULTURE

Celebrating birth workers is the secret to our success. We provide our birth workers with mentorship, capacity building and self-care resources to avoid burnout and ensure the highest quality of care for our clients. We also advocate for birth workers to be paid what they are worth so they can have a lasting impact in our community.



## IMPACT

BLACK WOMEN IN OUR HOME BIRTH PROGRAM ACHIEVED:

- ♥ 100% Breastfeeding at initiation, and 100% at 3 months.
- ♥ 12% C-section rate (1/3 of the national average for Black women).
- ♥ ZERO preterm births. ZERO pregnancy loss. ZERO maternal/neonatal mortality. ZERO low birth weight.

SINCE ORGANIZING IN 2020 SUGAR HEAL HAS:

- ♥ Supported over 100 BIPOC birthing families & funneled over \$1M into 20+ black-owned, women-owned health businesses.



## FUNDING

Sugar Heal is seeking multiple-year funding to continue offering holistic maternity services at no cost to those who need it most; Black & Indigenous families.

Annual Operations :: \$834, 600  
*(salaries, care plans, overhead)*

Expansions :: \$1.2M  
*(maternity house, birthworker university)*